

CRESTVIEW 5k Run/Walk

Run or walk to benefit the many missions of Crestview Presbyterian Church

Date: Saturday, 9/26/2009

Time: 8:30 AM

**Preregister postmark by 9/18/09
Online by 9/23/09**

Directions: I-75 to Tylersville Rd. exit, go east, north on Cox Rd. to park entrance on right. Follow signs to lake and boathouse for registration. Day park pass is paid by the race—just mention Crestview 5k.

Course: The race is held in West Chester on the established VOA Park 5k course around the VOA lake.

Runner Division: 12/under | 13-15 | 16-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60/over
Weight division—Clydesdale: 200-219 | 220+ | Athena: 160+

Walkers: 29/under | 30-39 | 40-49 | 50-59 | 60/above

Fun Run: We will have a FREE kids fun run (10/under) on the race course at 9:30 with ribbons for participants.

Awards: Will be given to top two division finishers and overall male/female run and walk winners.

Results: www.sprunning.com



AWARDS

First male/female runner and walker, plus top two finishers in each division.

Crestview Presbyterian Church
9463 Cincinnati Columbus Rd.
West Chester, Ohio 45069 513-777-6555

Race Contact: David Corfman
513-779-8332 David@Corfman.com

- \$15 pre-registration
- \$20 pre-registration with T-shirt
- \$20 race day registration
- \$25 race day registration with T-shirt (while supplies last)

Circle shirt size: S M L XL

- Check one:
- 5k run
 - 5k run weight: Men 200-219 lbs.
 - 5k run weight: Men 220/over lbs.
 - 5k run weight: Women 160/over lbs.
 - 5k fitness walk

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of myself, my heirs, executors and assigns, any and all claims of any nature arising from or due to my participation in the Crestview 5K. I also hereby release Crestview Presbyterian Church, Steve Prescott, all sponsors, workers, officials and volunteers from any and all claims arising from or due to my participation in this event. I agree to follow all rules of participation and acknowledge that the race committee may refuse or return my entry at its discretion. I understand the risks for such a run or walk, and have trained and prepared adequately in preparation for the event. I HAVE NOTED ANY MEDICAL CONDITION on this entry form. I permit the use of my name and picture participating in this event for publicity, for no additional consideration. I also understand that entry fees are non-refundable.

Age (on race day)

Sex M F

Name

Street

City, State, ZIP

Telephone

E-mail Address

Signature

Date

Signature of parent or guardian if under 18 years of age.

Date

Emergency Contact/Phone

Mail form and entry fee to:

Crestview 5k
c/o Steve Prescott
PO Box 454
Mason, OH 45040

or REGISTER ONLINE at
www.sprunning.com