


Rolling Hills Water Gun Run July 25, 2009

Join us on July 25 for the first annual Rolling Hills Water Gun Run at waterworks baseball fields! Race day registration will begin at 8:00 AM. There is a mandatory pre-race meeting at 8:45 AM and the 5k race will begin at 9:00 AM. The 1 mile kids run will begin at 9:30 AM. Awards will be given out to the top three men and women in the 5k. There will also be awards given out to the top 2 boy and girl finishers in the 1 mile run. Cool off at the finish where several of the Rolling Hills swimmers will be ready with water guns! Be sure to stay afterwards for the raffle, every registered participant will have one entry. Food and drinks will be served after the race.

(Keep this half) 

Name _____
Street _____
City _____ State _____ Zip _____
Phone _____

Gender (circle one): Male Female
Age (as of 7/25/09) _____

Category (circle one): 5k Runner 5k Walker 1 Mile Runner

\$20 5k or \$10 1 Mile Pre-Registration
Make check payable to: Rolling Hills Swim and Tennis Club

Enclosed is a \$ _____ donation to Rolling Hills Swim and Tennis Club
Pre-Registration must be turned into Daniel Toberman no later than July 24

WAIVER: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Rolling Hills Water Gun Run! And do hereby release the race director, Daniel Toberman, Rolling Hills Swim and Tennis Club, and all sponsors, workers, officials, and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such an event, and have trained adequately in preparation. I HAVE NOTED ANY MEDICAL CONDITION ON THIS FORM.

Signature _____
(Parent signature required for those under 18)

Parent Signature _____
Date _____

List Medical Conditions: _____
In case of medical emergency contact
Name _____
Phone: _____